

**FOR YOUR USE ONLY – DO NOT SUBMIT THESE ROSTERS TO US
MAKE SURE YOU COMPLETE THE MASTER ROSTER!!**

**TRACK AND FIELD
J.O.Y.**

BOYS 8-10

50 METER DASH _____

(ALTERNATE:) _____

200 METER SHUTTLE RELAY

(ALTERNATES :)

SOFTBALL THROW _____

GIRLS 8-10

50 METER DASH _____

(ALTERNATE :) _____

200 METER SHUTTLE RELAY

(ALTERNATES:)

SOFTBALL THROW _____

BOYS 11-12

50 METER DASH

(ALTERNATE:)

200 METER SHUTTLE RELAY

(ALTERNATES:)

SOFTBALL THROW

LONG JUMP

GIRLS 11-12

50 METER DASH

(ALTERNATE:)

200 METER SHUTTLE RELAY

(ALTERNATES:)

SOFTBALL THROW

LONG JUMP

BOYS 13-15

100 METER DASH _____ (ALT.) _____

400 METER RUN _____ (ALT.) _____

800 METER RUN _____ (ALT.) _____

1 MILE RUN _____ (ALT.) _____

400 METER RELAY

LONG JUMP _____

SHOT PUT _____

GIRLS 13-15

100 METER DASH _____ (ALT.) _____

400 METER RUN _____ (ALT.) _____

800 METER RUN _____ (ALT.) _____

1 MILE RUN _____ (ALT.) _____

400 METER RELAY

LONG JUMP _____

SHOT PUT _____

BOYS 16-18

100 METER DASH _____ (ALT.) _____

400 METER RUN _____ (ALT.) _____

800 METER RUN _____ (ALT.) _____

1 MILE RUN _____ (ALT.) _____

400 METER RELAY

LONG JUMP _____

SHOT PUT _____

GIRLS 16-18

100 METER DASH _____ (ALT.) _____

400 METER RUN _____ (ALT.) _____

800 METER RUN _____ (ALT.) _____

1 MILE RUN _____ (ALT.) _____

400 METER RELAY

LONG JUMP _____

SHOT PUT _____

10 KILOMETER RUN

13-15 YR OLDS

BOYS

GIRLS

16-18 YR OLDS

BOYS

GIRLS

19-29 YR OLDS

MALES

FEMALES

30-39 YR OLDS

MALES

FEMALES

40-49 YR OLDS

MALES

FEMALES

50-59 YR OLDS

MALES

FEMALES

60 AND OVER

MALES

FEMALES

SWIMMING

EVENT

NAME

AGE

J.O.Y. GIRLS – 10 & UNDER

25 YD. FREESTYLE:

25 YD. BACKSTROKE:

50 YD. FREESTYLE:

100 YD. FREESTYLE RELAY:

J.O.Y. GIRLS – 12 & Under

25 YD. FREESTYLE:

25 YD. BACKSTROKE:

50 YD. FREESTYLE:

50 YD. BREASTSTROKE:

100 YD. FREESTYLE RELAY:

SWIMMING

EVENT

NAME

AGE

J.O.Y. BOYS – 10 & UNDER

25 YD. FREESTYLE:

25 YD. BACKSTROKE:

50 YD. FREESTYLE:

100 YD. FREESTYLE RELAY:

J.O.Y. BOYS – 12 & UNDER

25 YD. FREESTYLE:

25 YD. BACKSTROKE:

50 YD. FREESTYLE:

50 YD. BREASTSTROKE:

100 YD. FREESTYLE RELAY:

SWIMMING

EVENT

NAME

AGE

JOY 12 & UNDER COED

100 YD. FREESTYLE RELAY:

_____	_____
_____	_____
_____	_____
_____	_____

JR. LEVEL GIRLS 15 & UNDER

50 YD. FREESTYLE:

_____	_____
-------	-------

50 YD. BACKSTROKE:

_____	_____
-------	-------

100 YD. FREESTYLE RELAY:

_____	_____
_____	_____
_____	_____
_____	_____

JR. LEVEL BOYS 15 & UNDER

50 YD. FREESTYLE:

_____	_____
-------	-------

50 YD. BACKSTROKE:

_____	_____
-------	-------

100 YD. FREESTYLE RELAY:

_____	_____
_____	_____
_____	_____
_____	_____

SWIMMING

EVENT

NAME

AGE

SR. LEVEL GIRLS 18 & UNDER

50 YD. FREESTYLE:

50 YD. BACKSTROKE:

50 YD. BREASTROKE:

50 YD. BUTTERFLY:

100 YD. FREESTYLE:

100 YD. FREESTYLE RELAY:

200 YD. MEDLEY RELAY:

SWIMMING

EVENT

NAME

AGE

SR. LEVEL BOYS 18 & UNDER

50 YD. FREESTYLE:

50 YD. BACKSTROKE:

50 YD. BREASTROKE:

50 YD. BUTTERFLY:

100 YD. FREESTYLE:

100 YD. FREESTYLE RELAY:

200 YD. MEDLEY RELAY:

TENNIS

BOYS 13-15

SINGLES:
(2 Boys Only)

DOUBLES:
(1 Team Only)

GIRLS 13-15

SINGLES:
(2 Girls Only)

DOUBLES:
(1 Team Only)

BOYS 16-18

SINGLES:
(2 Boys Only)

DOUBLES:
(1 Team Only)

GIRLS 16-18

SINGLES:
(2 Girls Only)

DOUBLES:
(1 Team Only)

TABLE TENNIS

BOYS 13-15

SINGLES:

_____	_____
_____	_____

DOUBLES:

_____	_____
_____	_____

GIRLS 13-15

SINGLES:

_____	_____
_____	_____

DOUBLES:

_____	_____
_____	_____

BOYS 16-18

SINGLES:

_____	_____
_____	_____

DOUBLES:

_____	_____
_____	_____

GIRLS 16-18

SINGLES:

_____	_____
_____	_____

DOUBLES:

_____	_____
_____	_____

J.O.Y. CHESS

7-10 CO-ED:

_____	_____
_____	_____

11-12 CO-ED:

_____	_____
_____	_____

G.O.Y.A CHESS

13-15 CO-ED:

_____	_____
_____	_____

16-18 CO-ED:

_____	_____
_____	_____

J.O.Y. CHECKERS

7-10 CO-ED:

_____	_____
_____	_____

11-12 CO-ED:

_____	_____
_____	_____

G.O.Y.A. CHECKERS

13-15 CO-ED:

_____	_____
_____	_____

16-18 CO-ED:

_____	_____
_____	_____

J.O.Y. BACKGAMMON/TAVLI

7-10 CO-ED:

_____	_____
_____	_____

11-12 CO-ED:

_____	_____
_____	_____

G.O.Y.A. BACKGAMMON/TAVLI

13-15 CO-ED:

_____	_____
_____	_____

16-18 CO-ED:

_____	_____
_____	_____