



# THE PERSON OF CHRIST

## WORKSHEET - EPISODE 1

### *Introduction; Who do you say that I am?*

#### “Who do you say that I am?”

1. Jesus Christ poses this question to his disciples. He challenges his followers to examine who he is ever more deeply.
  - The person of Christ is the very basis of our faith. We can never tire of learning more about him. He is the cause of our wonder.
  - As Christians we often hear his names and titles. Some are more familiar to us, others less so: Lord, Son of God, Son of Man, Temple, Light, Shepherd, King, and so on. In this course we will look in more detail at some of these titles.

#### A Mosaic of the King

1. We are attempting to piece together a better image for ourselves of who Jesus really is. Each of his titles is like a piece of a mosaic that combine to form his pristine image in our minds and hearts.
  - [St Irenaeus of Lyons](#) (c. AD 130–202) talks about the important of having the image of the King before our eyes, an image kept and passed on by the Church.
  - He also warns against those who tear out the pieces of the mosaic and use those pieces to create a different image, not of Christ, but of their own making. Instead of the King, they create the image of a fox or a dog, and pretend that this is the King (see [Against Heresies 1.8](#)).
  - We have to look reverently, in other words, at each of these titles through the lens of Scripture and the teaching of the Church, so as not to invent our own version of the person of Christ that does not correspond to who he truly is. That is the purpose of this course.

#### Reflection & Discussion

1. What does Jesus Christ mean to you? Is there a particular title given to him (like Light, Peace, Truth, etc.) that you find especially appealing? Why?
2. Is there a risk of creating a false image of Jesus? Does this happen in contemporary society?
3. Jesus tells the disciples that the world will not necessarily accept him, and that they should expect persecution for following him. How can a Christian find strength to endure being ridiculed just for being his disciple?

#### Further reading

1. [Matthew 16:13–28](#)
2. [Fr Thomas Hopko, \*The Names of Jesus: Discovering the Person of Jesus Christ through Scripture\* \(Ancient Faith Publishing, 2015\).](#)