



THE PERSON OF CHRIST

WORKSHEET - EPISODE 9

Truth: Who is it? What is it?

Truth reveals and lies conceal

1. To come into contact with Christ is to come into contact with absolute truth.

- We often connect the idea of truth to knowing as many facts about things as possible. But facts about the created world are not absolute truth. They point us towards their source (God), but they are not themselves God, and so they are not absolute truth.
- Truth is not so much “known” in an abstract manner as “lived in.” To abide in truth is to be in communion with God. Jesus Christ is truth because he gives us access to that communion in himself.
- Likewise Jesus Christ is the Logos of God, which means both the Word of God and Divine Reason or Meaning ([John 1:1-18](#)). As Truth and Logos, every created thing holds together in him ([Colossians 1:16-19](#)). He is their source and their destiny.

Not “What is truth?” but “Who is truth?”

1. Truth in Christianity always points us to a “who” rather than a “what.”

- Every truth we discover in the world, whether through science or literature or our lived experience, is given to lead us up to the personal God.
- Unfortunately, we are able to misuse these truths. We can even misuse the words of Holy Scripture in this way. Whenever we use truths or facts to justify our sins, or to alienate ourselves or our neighbor from Christ, we are abusing truth, and ultimately falling into a lie.
- Even the devil knows that God exists, and trembles ([James 2:19](#)). But knowing this fact does not make the devil “true.” He is in fact the archetypal liar—the father of lies—because although he knows true things, he does not abide in truth, and so there is actually no truth in him ([John 8:44](#)). Knowing facts, even about God, is not the same as possessing truth.

Reflection & Discussion

1. If Jesus Christ is Truth, why doesn't he speak very much about science or engineering? What does this tell us about the nature of truth?
2. How should we relate the truths we learn in our studies or through daily experience with Jesus Christ as absolute truth?

Further reading

1. [John 14](#)

2. [St Justin Popovich, *Man and the God-Man* \(Sebastian Press, 2008\), chapter 3](#)