FOR YOUR USE ONLY – DO NOT SUBMIT THESE ROSTERS TO US

MAKE SURE YOU COMPLETE THE MASTER ROSTER!!

TRACK AND FIELD

J.O.Y.

**BOYS 8-10**

50 METER DASH

*(ALTERNATE:)*

200 METER SHUTTLE RELAY

*(ALTERNATES :)*

SOFTBALL THROW

**GIRLS 8-10**

50 METER DASH

*(ALTERNATE :)*

200 METER SHUTTLE RELAY

*(ALTERNATES:)*

SOFTBALL THROW

**8**

**BOYS 11-12**

50 METER DASH

*(ALTERNATE:)*

200 METER SHUTTLE RELAY

*(ALTERNATES:)*

SOFTBALL THROW

LONG JUMP

**GIRLS 11-12**

50 METER DASH

*(ALTERNATE:)*

200 METER SHUTTLE RELAY

*(ALTERNATES:)*

SOFTBALL THROW

LONG JUMP

**9**

**BOYS 13-15**

100 METER DASH (ALT.)

400 METER RUN (ALT.)

800 METER RUN (ALT.)

1 MILE RUN (ALT.)

400 METER RELAY

800 METER RELAY

LONG JUMP

SHOT PUT

**GIRLS 13-15**

100 METER DASH (ALT.)

400 METER RUN (ALT.)

800 METER RUN (ALT.)

1 MILE RUN (ALT.)

400 METER RELAY

800 METER RELAY

LONG JUMP

SHOT PUT

**10**

**BOYS 16-18**

100 METER DASH (ALT.)

400 METER RUN (ALT.)

800 METER RUN (ALT.)

1 MILE RUN (ALT.)

400 METER RELAY

LONG JUMP

SHOT PUT

**GIRLS 16-18**

100 METER DASH (ALT.)

400 METER RUN (ALT.)

800 METER RUN (ALT.)

1 MILE RUN (ALT.)

400 METER RELAY

LONG JUMP

SHOT PUT

**11**

**10 KILOMETER RUN**

13-15 YR OLDS BOYS GIRLS

16-18 YR OLDS BOYS GIRLS

19-29 YR OLDS MALES FEMALES

30-39 YR OLDS MALES FEMALES

40-49 YR OLDS MALES FEMALES

50-59 YR OLDS MALES FEMALES

60 AND OVER MALES FEMALES

**12**

**SWIMMING**

**EVENT NAME AGE**

**J.O.Y. GIRLS – 10 & UNDER**

 **25 YD. FREESTYLE:**

 **25 YD. BACKSTROKE:**

 **50 YD. FREESTYLE:**

 **100 YD. FREESTYLE RELAY:**

**J.O.Y. GIRLS – 12 & Under**

 **25 YD. FREESTYLE:**

 **25 YD. BACKSTROKE:**

 **50 YD. FREESTYLE:**

 **50 YD. BREASTSTROKE:**

 **100 YD. FREESTYLE RELAY:**

**13**

**SWIMMING**

**EVENT NAME AGE**

**J.O.Y. BOYS – 10 & UNDER**

 **25 YD. FREESTYLE:**

 **25 YD. BACKSTROKE:**

 **50 YD. FREESTYLE:**

 **100 YD. FREESTYLE RELAY:**

**J.O.Y. BOYS – 12 & UNDER**

 **25 YD. FREESTYLE:**

 **25 YD. BACKSTROKE:**

 **50 YD. FREESTYLE:**

 **50 YD. BREASTSTROKE:**

 **100 YD. FREESTYLE RELAY:**

**14**

**SWIMMING**

**EVENT NAME AGE**

**JOY 12 & UNDER COED**

 **100 YD. FREESTYLE RELAY:**

**JR. LEVEL GIRLS 15 & UNDER**

 **50 YD. FREESTYLE:**

 **50 YD. BACKSTROKE:**

 **100 YD. FREESTYLE RELAY:**

**JR. LEVEL BOYS 15 & UNDER**

 **50 YD. FREESTYLE:**

 **50 YD. BACKSTROKE:**

 **100 YD. FREESTYLE RELAY:**

**15**

**SWIMMING**

**EVENT NAME AGE**

**SR. LEVEL GIRLS 18 & UNDER**

 **50 YD. FREESTYLE:**

 **50 YD. BACKSTROKE:**

 **50 YD. BREASTROKE:**

 **50 YD. BUTTERFLY:**

 **100 YD. FREESTYLE:**

 **100 YD. FREESTYLE RELAY:**

 **200 YD. MEDLEY RELAY:**

**16**

**SWIMMING**

**EVENT NAME AGE**

**SR. LEVEL BOYS 18 & UNDER**

 **50 YD. FREESTYLE:**

 **50 YD. BACKSTROKE:**

 **50 YD. BREASTROKE:**

 **50 YD. BUTTERFLY:**

 **100 YD. FREESTYLE:**

 **100 YD. FREESTYLE RELAY:**

 **200 YD. MEDLEY RELAY:**

**17**

**TENNIS**

**BOYS 13-15**

 **SINGLES:**

 **(2 Boys Only)**

 **DOUBLES:**

 **(1 Team Only)**

**GIRLS 13-15**

 **SINGLES:**

 **(2 Girls Only)**

 **DOUBLES:**

 **(1 Team Only)**

|  |
| --- |
|  |

**BOYS 16-18**

 **SINGLES:**

 **(2 Boys Only)**

 **DOUBLES:**

 **(1 Team Only)**

**GIRLS 16-18**

 **SINGLES:**

 **(2 Girls Only)**

 **DOUBLES:**

 **(1 Team Only)**

**18**

**TABLE TENNIS**

**BOYS 13-15**

 **SINGLES:**

 **DOUBLES:**

**GIRLS 13-15**

 **SINGLES:**

 **DOUBLES:**

|  |
| --- |
|  |

**BOYS 16-18**

 **SINGLES:**

 **DOUBLES:**

**GIRLS 16-18**

 **SINGLES:**

 **DOUBLES:**

**19**

**J.O.Y. CHESS**

**8-10 CO-ED:**

**11-12 CO-ED:**

**G.O.Y.A CHESS**

**13-15 CO-ED:**

**16-18 CO-ED:**

**J.O.Y. CHECKERS**

**8-10 CO-ED:**

**11-12 CO-ED:**

**G.O.Y.A. CHECKERS**

**13-15 CO-ED:**

**16-18 CO-ED:**

**20**

**J.O.Y. BACKGAMMON/TAVLI**

**8-10 CO-ED:**

**11-12 CO-ED:**

**G.O.Y.A. BACKGAMMON/TAVLI**

**13-15 CO-ED:**

**16-18 CO-ED:**

**21**

**BOWLING**

**4 CO-ED TEAMS OF 4 PER PARISH. AGES 13-18. ANY CONFIGURATION OF BOYS AND GIRLS TOTALLING 4 PER TEAM. A TEAM MUST HAVE AT LEAST ONE GIRL OR ONE BOY ACCORDINGLY.**

**TEAM 1:**

**ALTERNATE:**

**TEAM 2:**

**ALTERNATE:**

**TEAM 3:**

**ALTERNATE:**

**TEAM 4:**

**ALTERNATE:**

**22**